



# Skye First Aid Trainers

An Ataireachd Ard, 1/2 of 1 Dunan, Broadford, Skye, IV49 9AJ  
01471 820187 / 07789 556809  
jack.macfarlane@skyefirstaidtrainers.com

## EMERGENCY FIRST AID & FIRST AID AT WORK SKILLS ANNUAL UPDATE

### DESCRIPTION:

This is a short update and refresher on the necessary skills required to deliver Basic Life Support. The aim of the course is to enable the First Aider to deal with an unresponsive casualty who is breathing, and how to deal with an unresponsive casualty who is not breathing normally.

### DURATION:

A three hour course consisting of theory and practical work.

### SYLLABUS:

A range of subjects is covered including:-

- Arriving at the scene
- Recovery position
- Casualty assessment
- Resuscitation
- Top-to-toe survey
- Hygiene control

### CERTIFICATION:

Although there is no formal assessment, the trainer will assess each individual ongoing throughout the course and issue a certificate of attendance.

### NUMBERS:

A maximum of 16 students can be accommodated on this course.

### LOCATION:

We are able to deliver this course on your site, subject to a pre-course assessment of your premises, reducing your costs in respect of additional time out of the work place and travel costs.

### AGE LIMIT:

The minimum age to attend this course is 16 years of age.



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