



Casualty Care in Mountain Rescue Pre CAS CARE Exam Qualification Preparation

Level 2 Award (England, Northern Ireland & Wales) - QCF Qualification Code: 500/9915/2

Full qualification title: Level 2 Award in Activity First Aid.

Unit 1 Title: Emergency First Aid Skills – QCF Unit Code Y600/1250

Unit 2 Title: Management of illness and injury in activity. QCF Unit Code T/601/3616

Level 5 Award (Scotland) – SCQF Qualification Code: R123/04

Full qualification title: Level 5 Award in Activity First Aid

Unit 1 Title: Emergency First Aid Skills – SCQF Unit Code U181/04

Unit 2 Title: Management of illness and injury in activity. SCQF Unit Code U558/04

QCF Level 3 Award (England, Northern Ireland & Wales)

Qualification title: FAA Level 3 Award in First Aid at Work – Code 600/7380/9

Unit 1 Title: Emergency First Aid in the Workplace – Unit Code A/504/4517

Unit 2 Title: Recognition and Management of Illness and Injury in the Workplace – Unit Code F/504/4518

SCQF Level 6 Award (Scotland)

Qualification title: Award in First Aid at Work at SCQF Level 6 – Code R269 04

Unit 1 Title: Emergency First Aid in the Workplace – Unit Code UB74 04

Unit 2 Title: Recognition and Management of Illness and Injury in the Workplace – Unit Code UB75 04

Description:

This comprehensive four day course covers the wide range of First Aid emergencies that may be encountered by Mountain Rescue personnel. It will equip the student with necessary skills and knowledge to sit the Mountain Rescue Council for Scotland and the Mountain Rescue for England and Wales Casualty Care Assessment Examination. The course is predominantly delivered via scenario based exercises, enabling all participants to deal with an emergency situation with confidence in a prompt, safe and effective way in an environment conducive with their role .

This course will give the participants not only the skills required to undertake the appropriate Mountain Rescue Councils' examination, they will also be awarded the First Aid at Work and the Activity First Aid qualification.

Duration:

A minimum of 24 hours spread over at least four days.

Ideally, the course should be run over four consecutive days, but we have the flexibility to accommodate your specific needs if you so desire providing it is completed within 10 weeks of starting the course.

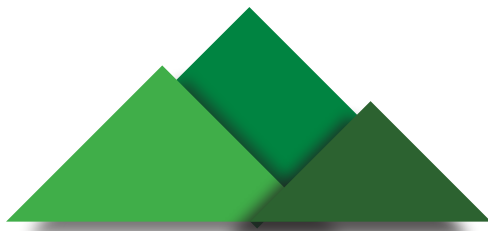
Syllabus:

A range of subjects is covered including:



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Skye First Aid Trainers

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• Legalities, responsibilities and reporting

• Patient Assessment:

- Individual casualty assessment - Primary survey
- Management of multiple casualties – Triage
- Major Incidents
- Making a diagnosis
- Consent and ethics

• Airway Management:

- Basic airway techniques
- Protecting the airway
- Dental • Disability and facial injuries

• Breathing:

- Chest injury
- Artificial breathing

• Circulation:

- Shock
- Cannulation and intravenous fluids

• Disability:

- Head injury
- Spinal Injury
- Emergency care of eye injuries

• Extremities:

- Management of soft tissue injuries
- Fractures and dislocation
- Shoulder injuries
- Elbow injuries
- Wrist and hand injuries
- Fracture of the Pelvis
- Hip and upper leg injuries
- Knee injuries
- Lower leg injuries
- Ankle injuries

• Environmental Problems:

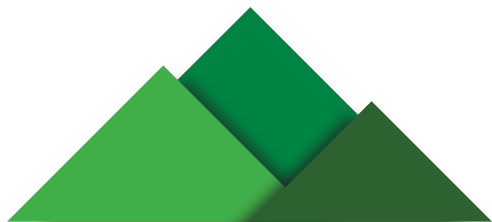
- Hypothermia
- Frostbite
- Frostnip
- Immersion foot
- Heat related illness
- Burns
- Bites and stings
- Anaphylaxis
- Lightning injuries
- Drowning
- Avalanche
- Altitude



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• Medical Problems:

- Coronary artery disease
- Cardiac arrest, Chain of Survival and defibrillators
- Seizure
- Asthma
- Diabetes
- Pseudo epilepsy
- Attempted suicide
- Asthma
- Diabetes
- Complications of pregnancy and gastroenteritis
- Migraine and Subarachnoid haemorrhage
- Drugs that thin the blood
- Supportive care of the injured and relatives

• Special Circumstances:

- Diabetes
- Diving emergencies
- Blast injuries
- Suspension induced shock
- Entrapment
- Compartment syndrome
- Working with helicopters in Mountain Rescue
- Treating sick or injured animals

• Monitoring and the Use of Drugs:

- The use of drugs in Mountain Rescue
- Monitoring their use in Mountain Rescue
- MRC drug use – What is being used and by whom?

• For Rescuers:

- Protecting yourself and the casualty from infection
- Infections from the UK Mountain Rescue environment
- The injury patterns of MR casualties
- Advanced Casualty Care
- Advanced techniques

Certification:

Assessment is ongoing by the instructor along with a question paper on each day.

A three year Level 3 Award in First Aid at Work (Level 6 in Scotland) will be issued to the learner, subject to successful assessment. No external assessors are required.

Numbers:

A maximum of 12 students can be accommodated on this course and all learners must be a minimum of 16 years of age.



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